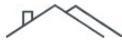


The Drum

Term 3 July 2025

Edition 137



Term 3 @The House



Yarram Neighbourhood House will be open
Tuesday - Friday 9.30am-3.30pm
Closed Monday & school holidays

Food Pantry will be available Thursdays only

Check out the exciting programs that we have on offer for July.

NAIDOC week starts on the 6th July and on Wednesday 9th July from 11am there will be activities in the Yarram Memorial Garden followed by a BBQ lunch at 12 noon, the annual Footy NAIDOC Week celebration will be held at Woodside FNC on Saturday 12th July. Craft All Day event will be on Saturday 12th July and is to be held at the Yarram Hub. The evening with Rosie Batty will be on Saturday 19th July at The Regent Theatre. There are also plenty of workshops, fitness classes and services available, check out what is on offer inside.

Yarram Neighbourhood House

292 Commercial Rd Yarram 3971 Ph 03 5182 6294

House is open Tuesday — Friday 9.30am—3.30pm

Centrelink Tuesday 10am—5pm &

Wednesday & Thursday 10am—2pm



What happened in June ...

Another busy month in the House with VicGrid hosting a second information session at the Fitness Zone, our community lunch, an information session on the changes to Aged Care packages, a workshop with the Unpaid Carer's group making Resin Clocks, and a cooking class with Ren.

Community Lunch

The community lunch was a hit and we had people sitting outside under the marquee even with the colder weather. A delicious meal of corned beef, cauliflower bake, mashed potatoes and vegetables was followed by an Apple and Custard Impossible Pie (see below for the recipe).



Aged Care Information Session

The information session detailing the changes to the Aged Care packages was popular with over 30 people attending. Yarram & District Health Service will be running another session soon. We will let you know dates as soon as possible.

Apple & Custard Impossible Pie

Serves 8

Ingredients:

1/2 cup plain flour

1 cup caster sugar

1 cup desiccated coconut

4 eggs

2 tsp vanilla extract

125g butter, melted

2 cups milk

385g can pie fruit apple slices

Method:

Step 1: Preheat oven 180c/160c fan forced. Grease 5cm deep, 24cm round pie dish.

Step 2: Use a whisk to whisk the flour, sugar, coconut, eggs, vanilla and butter in a large bowl. Gradually add the milk whisking constantly, until combined.

Step 3: Place apple slices over the base of the prepared dish. Pour over egg mixture.

Step 4: Bake the pie for 1 hour before serving.





COMMUNITY LUNCH 12 NOON

Term 3 Community Lunch

**Wed 9th July - NAIDOC
Week in the Park**

Wed 13th August

All Welcome



Wed 17th September



Cooking with Ren

Would you like to gain confidence
in your cooking.

Learn lots of hints and tips on
making healthy meals on a budget.

**Thurs 24th July, 28th August,
11th Sept**

Taking expressions of interest for the next session
If you would like to know more pop into the House,
or call 5182 6294 to book in



Foodbank Open Thursdays 10am - 3pm

Foodbank is open to anyone who needs it every Thursday during School Term. We are limiting people to 1 bag as we have seen a significant increase in need and rely on donations to keep our stocks going. We also have fresh produce available on the front seat when we get it.

AN EVENING WITH ROSIE BATTY

Saturday July 19th - 7:00pm
Regent Theatre
Commercial Road Yarram

DOORS OPEN At 6:15pm

Suitable for Ages 15 and over

Content discusses family violence and
may be triggering for some people

BOOK NOW

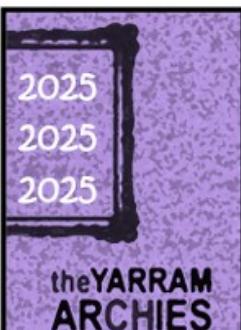


BOOK NOW AT: www.trybooking.com/DAGHX



TICKETS
\$10/person
\$5/concession

YARRAM SAYS NO TO FAMILY VIOLENCE



Any medium including
photography, textiles, ceramics,
etc.

Great Prizes to be won.

Your entry must be of a real
person (not imaginary) - please
be mindful of copyright laws.

21 AUG-16 SEPT, 2025
Opening Night 22 Aug, 5-6.30pm

Sponsored by

**YARRAM COURTHOUSE GALLERY
COMMITTEE**

Entry form & fee to be received
by the committee by 8th August,
2025.

Any enquiries to be directed to
Bettine Dijs 0408 695 452
Karen Rogers 0455 660 298

Local Footy says

No to Violence

2pm Sat 19th July

Yarram V Woodside

Yarram Rec Reserve

Come and support our campaign
against Violence

16 DAYS OF ACTIVISM

Against Gender-Based Violence



16 DAYS OF ACTIVISM
25TH NOV - 10TH DEC

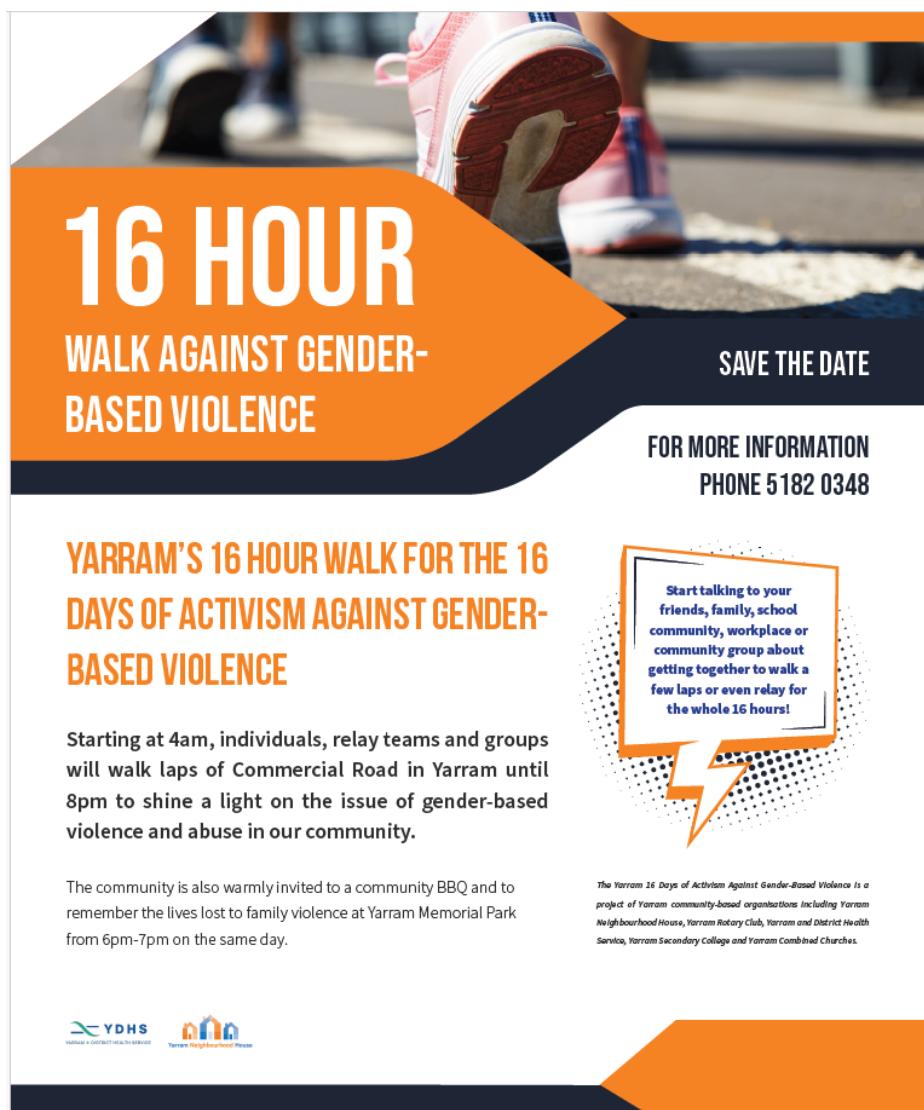
This year, we are doing a 16 hour walk to raise awareness for the 16 Days of Activism Campaign. We will begin walking at 4am on Tuesday 25th November and continuously have people walking for 16 hours through to 8pm.

If you or a group you are associated with would like to participate, please give us a call and book in for a slot. You can do 1 lap, walk for half an hour, or an hour, whatever you can do will help raise awareness. Get together your friends, people in an organization or sports group that you are a part of.

We ask that you wear something orange. Each group will meet at the front of Yarram Neighbourhood House to set off and we will walk a lap of Commercial Road up to Yarram and District Health Service and back.

There may even be a little treat for anyone who completes a lap!

We will finish the evening with a BBQ in Yarram Memorial Garden. Everyone is welcome to join us for the final lap leaving the park at 7.30pm.



**16 HOUR
WALK AGAINST GENDER-
BASED VIOLENCE**

SAVE THE DATE

**FOR MORE INFORMATION
PHONE 5182 0348**

**YARRAM'S 16 HOUR WALK FOR THE 16
DAYS OF ACTIVISM AGAINST GENDER-
BASED VIOLENCE**

Starting at 4am, individuals, relay teams and groups will walk laps of Commercial Road in Yarram until 8pm to shine a light on the issue of gender-based violence and abuse in our community.

The community is also warmly invited to a community BBQ and to remember the lives lost to family violence at Yarram Memorial Park from 6pm-7pm on the same day.

The Yarram 16 Days of Activism Against Gender-Based Violence is a project of Yarram community-based organisations including Yarram Neighbourhood House, Yarram Rotary Club, Yarram and District Health Service, Yarram Secondary College and Yarram Combined Churches.

YDHS
Yarram & District Health Service

Yarram Neighbourhood House

RESPECT IS...

treating everyone as an equal

#respectis #callitout #16days

RESPECT WOMEN > **CALL IT OUT**



CRAFT ALL DAY



Yarram Hub
(next to the library)

Morning Tea & Lunch provided

Door Prizes

Bring your knitting, crochet, hand stitching

Bookings Essential

RSVP to 5182 6294

**\$15
ENTRY**



**SATURDAY
12TH JULY
9.30 AM - 3 PM**



TERM 3 PROGRAM

Tuesday's
8.30am Men's Shed
7pm Patchwork

Wednesday's
8.30am Men's Shed
10am Craft & Conversation

Thursday's
10am Art
1pm Scrabble
7pm Crochet

Friday's
10am Patchwork



Enquiries

292 Commercial Rd Yarram
ph: 03 5182 6294



FITNESS ZONE TERM 3

Mondays 9am Strength \$72
 10am Huff & Puff
 11.15am Healthy Balance
 5.15pm Strength

Tuesdays 5.30pm Body Circuit \$72

Wednesday 6.15am Boxing \$72
 10am Fitness for Carers
 5.15pm Body Sculpt

Thursday 9am Strength \$72
 10am Strength
 5.15pm Strength

Friday 9am Chair Yoga/Pilates \$72





THE NEXT GENERATION: STRENGTH, VISION & LEGACY

6-13 JULY 2025



Yarram 2025 **NAIDOC Week Events**

Wednesday 9th July

Yarram Memorial Garden

11am Smoking Ceremony

BBQ lunch at 12

Saturday 12th July

Woodside FNC

Smoking Ceremony 9am & 2pm



The 'Connecting Carers in their Community' grants program is supported by the Victorian Government.

The Carer's group have also been busy. They made resin clocks, attended information sessions, fitness sessions, lunch and a movie at the regent, and the usual coffee and chat sessions.

Upcoming Dates

School holidays – no fitness sessions

Wednesday 9th July

NAIDOC BBQ in the Park at 11am, BBQ at 12pm hosted by Yarram Neighbourhood House.

Saturday 12th July

Craft All Day organised by the Yarram Neighbourhood House at the Yarram Hub 9:30-3pm. Morning tea and lunch provided. Bring your craft project and come along! Bookings essential. Yarram Carers Group will cover the \$15 charge.

Wednesday 23rd July

10am Fitness session at the Fitness Zone. Cuppa and chat at 11am, also at the Fitness Zone. You do not need to attend fitness session to come to cuppa and chat time!

Wednesday 30th July

10am Fitness session at the Fitness Zone. Cuppa and chat at 11am, also at the Fitness Zone. You do not need to attend fitness session to come to cuppa and chat time!

Tuesday 5th August

Lunch at 11:30 and Movie at the Regent at 1PM. Details to be confirmed.

Wednesday 6th August

10am Fitness session at the Fitness Zone. No cuppa and chat today!

Wednesday 13th August

10am Fitness session at the Fitness Zone.

Community Lunch at 12pm at the Yarram Neighbourhood House – all welcome.

Wednesday 20th August

10am Fitness session at the Fitness Zone. Cuppa and chat at 11am, also at the Fitness Zone. You do not need to attend fitness session to come to cuppa and chat time!

Wednesday 27th August

10am Fitness session at the Fitness Zone. Cuppa and chat at 11am, also at the Fitness Zone. You do not need to attend fitness session to come to cuppa and chat time!

Saturday 30th August

Mamma Mia at GPAC at 1:30pm. Bus included. We will have lunch in Yarram before the bus leaves if people are interested. Please let me know if you would like this arranged. There are still tickets available near our booked seats if anyone else would like to come!

Advance notice – save the date!

Carer's Country Fair!!

Sunday 12th October at Devon North hall. A carers week celebration for all unpaid carers and their families. Transport can be organised for those that need it.

Food, activities, games and live music.

More details to come.

Carers Group

(Providing support for unpaid Carers)



FIRST AID TRAINING

Victorian First Aid

Tuesday 15th July, 2025
 CPR 9.30am - 11.00am
 Provide First Aid 9.30am - 2.00pm
 Provide First Aid in Education/Care 9.30am - 2.00pm

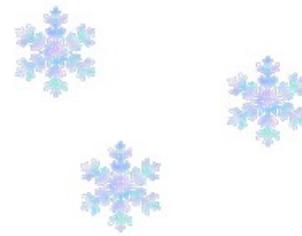
at Yarram Community Learning Centre
 Fitness Zone, 251 Commercial Road, Yarram

ph: 0488 405 605 email: info@victorianfirstaid.com.au
www.victorianfirstaid.com.au

or YNH ph: 5182 6294

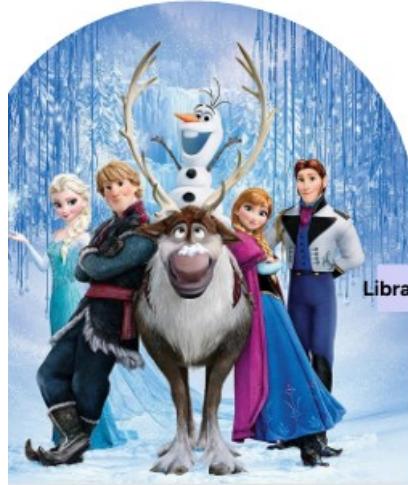
School Holidays FAMILY MOVIE

FROZEN (PG)



Monday 7 July
 Sale Library 2.30pm
Tuesday 8 July
 Rosedale Library 2.30pm
Friday 11 July
 Yarram Library 2.30pm
Monday 14 July
 Maffra Library 2.30pm
Wednesday 16 July
 Stratford Library 2.30pm
Friday 18 July
 Heyfield Library 2.30pm

Library Headquarters 5142 3146



School Holidays WINTER CRAFTS



Create Felt weather brooches and wooden snowflakes!

Suitable for primary aged children



Wednesday 9 July

Heyfield Library 10.30am
 Stratford Library 10.30am

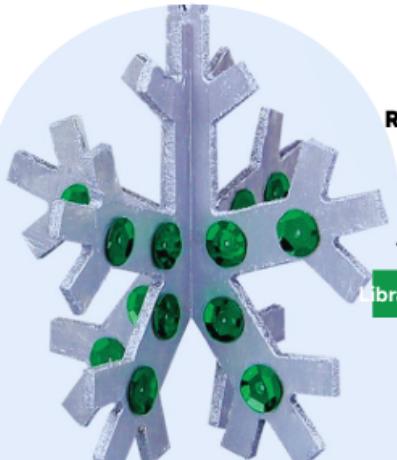
Tuesday 15 July

Sale Library 10.30am
 Rosedale Library 10.30am

Friday 18 July

Maffra Library 10.30am
 Yarram Library 10.30am

Library Headquarters 5142 314



School Holidays ARTIST WORKSHOP



with DOMINIC WHITE



Create a timber pendant using traditional techniques - for primary aged children



Thursday 10 July

Yarram Library 10.30am
 Rosedale Library 2.30pm



Friday 11 July

Stratford Library 10.30am
 Maffra Library 2.30pm

Saturday 12 July

Sale Library 10.30am

Library Headquarters 5142 3146



DAFFODIL DAY

Afternoon
TEA

*Cancer Council
Fundraiser*

**YARRAM
NEIGHBOURHOOD
HOUSE**

**2PM
Thursday
21st August**

RSVP by August 18th

Ph 5182 6294

\$10





Fitness Zone

Our Fitness Zone is a friendly, relaxed environment to have some fun while getting some exercise. Our instructors are approachable, knowledgeable and accommodating. We have a range of classes for you including Cardio, Strength, Boxfit, Body Circuit, Healthy Balance and Chair Yoga. We are sure to have a class that suits your needs



Are you looking for something to do on a Tuesday or Wednesday? Do you like working with wood? Would you like to meet new people and give a little back to our community?

Joining the Yarram Mens Shed offers all that and more. Come along and give it a go.



Mens Shed



Tuesdays & Wednesday 8.30am-3.30pm



Y N H

292 Commercial Rd Yarram 3971

03 5182 6294

manager@yarramhouse.org.au

Tuesday—Friday 9.30am-3.30pm



Services Australia

Centrelink Agent

Tuesday

10am—5pm

Wednesday & Thursday

10am—2pm

Community Meals

& Foodbank

Available Thursdays



We have a range of frozen meals for \$2 available for those in need. We also have a range of pantry products in the Foodbank pantry. Call in to the house when you need something.

Community Groups in Yarram & District

Community Craft Group

Secretary Sarah Gregory
0429 173 667
1st Thursday of Month
Yarram Sec College 7pm start

Bowls Yarram

Learn or perfect your Lawn Bowling skills. Weekly Barefoot bowls on Sunday from 3.00pm. All ages welcome. Yarram Country Club
Wendy Helms Ph: 0407 966 988

Euchre Club

Enthusiastic card playing group who meet weekly at 12.45pm most Mondays. Beginners welcome. Meet at the Country Club.

Pat Kiely Ph: 0419 045 637

Friends of Tarra Bulga NP Inc

David Akers 0488 035 314
friendoftarrabulga@gmail.com
Volunteers help to run the visitors centre. Calendar from www.friendoftarrabulga.org.au

Focus on Gardening

Judy McLachlan Ph 0437 771 645
Meets at 10am on the 1st Friday of the month at various local gardens

Good Times Motoring Club of Yarram Inc

Meets last Sunday of every month at The Yarram Hub 156 Grant St
PO Box 113 Yarram 3971
goodtimescarclub@outlook.com

Men's Monthly Breakfast

Tom Reakes 5185 1413
4th Saturday of each month at 8am Feb-Nov at Regent Theatre Supper Rooms, Grant St (Back of Regent Theatre)
reakes@skymesh.com.au

Mirridong Services Inc

Doreen Milne 5182 5750
Hours: 8.30am-4pm Mon-Fri
info@mirridong.com.au

Nightingale Park Society

Gary Stephens 0419 953 004
Michelle Graham 0418 297 830
Meets Bi-monthly 6pm on the 3rd Wednesday at Anglican Church Hall

Port Albert Fishing Club

Ian (Blackie) Blackmore 0429998799 Monthly competitions and social gatherings. Affordable family or individual membership
portalbertfishingclub@gmail.com

Port Albert Yacht Club

Ian Nicol 0428 825 020
info@portalbertyachtclub.com.au
Sailing most Sunday October-May Port Albert Yacht Club, Bay St

The Probus Club of Yarram

Carol Elmer (Secretary)
Meets last Wed of each month at 10.15am at The backroom, Yarram Country Club

Prom Produce & Craft Market

Glenda 0438 044 346
More than 200 stalls Home produce, Arts & Crafts, Plants, Food Stalls. Entry \$2/person
See ad for 2021 Dates

The Rotary Club of Yarram

Diane Hennig 5182 5625
Meets at 6pm every Wed night Yarram Shire Hub
rotaryyarram@gmail.com

Tarra Festival Committee

tarrafestival@gmail.com

Woodside FNC

Ashley Walpole 0401 379 599
Meeting 1st Tuesday of the month
Juniors & Senior Football & Netball teams

Yarram Apex Club

Daniel Leadoux 0427 891 319
Meets 2nd & 4th Tuesday of each month

Yarram Agricultural Society Inc

Michelle Boddy 0402 252 157
yarram.agshow@gmail.com
Meets at 7pm 2nd Monday of each month at The Bland Pavilion

Yarram & District Historical Society

Historical Rooms, 1 Gipps St Yarram
PO Box 213 Yarram 3971
Secretary : research.ydhs@gmail.com
0438 313 618
Open Wed 11am-3pm or by appointment

Yarram Branch—Country Women's Association of Victoria Inc

Catharina Versteeg 0459 494 566
Meets - General meeting - 2nd Friday in each month

Craft Group - 1st Tuesday in each month
At Neighbourhood House

Yarram Courthouse Gallery Inc

Bettine Dijks 0408 695 452
Membership: Electronic \$10pa,
Postal \$20pa. Open daily 10am-3pm
www.yarramcourthousegallery.com

Yarram Lions Club

Lions Secretary 0427 825 794
lionsyarram@gmail.com

Meets 2nd & 4th Monday of each month at The Lions Den, 16 Railway Ave, Yarram

Yarram Men's Shed

Peter 5182 5218
yclcworkshop@dcsi.net.au
Open every Tuesday & Wednesday during school terms 8.30am-3pm
All Men Welcome 22 Bland St Yarram

Yarram RSL

Sec 0455 660 298
Dinner Club meeting - 3rd Monday 6pm
Contact Sec for venue

Yarram Scouts

Gl.1styarram@scoutsvictoria.com.au
Cubs (7-11yo) Thurs 5.30-7pm
Scouts (11-15yo) Tues 5.30-7.30pm

Yarram Senior Citizens Inc

Louise Hopkins 0408 168 323
Meet every 2nd Wednesday of the month
Open Mon, Wed & Thurs 1-3pm

Yarram U3A

Marj Brosche 5183 2481
marjoriebrosche@bigpond.com
Meet 1st Monday of the month 11am at the Country Club

Yarram Yarram Landcare Network

Anna Feely 0417 536 873
yyln@wgcma.vic.gov.au

Yarram Genealogy Group Inc

Esme Rash 0428 614 742
Joy 0428 826 025
Dawn 0438 825 737
Open every Friday 12-3pm
24 Yarram St, Yarram